

Dr. Rochelle V. Suri, PhD, MFT

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EDUCATION

PhD in East-West Psychology August 2006 – May 2010
California Institute of Integral Studies, San Francisco, CA
Meaningful Voices: A Phenomenological Exploration of Auditory Hallucinations in Schizophrenia.

MA in Integral Counseling Psychology August 2003– August 2005
California Institute of Integral Studies, San Francisco, CA

Bachelor of Arts Completion in Psychology January 2002 – December 2002
California Institute of Integral Studies, San Francisco, CA

Bachelor of Arts Psychology July 1998 – June 2001
University of Bombay, India

GCSE 'O' Levels September 1990 – March 1996
Saint Mary's High School, United Arab Emirates

PROFESSIONAL EXPERIENCE

Expert Psychologist for women's concerns on YouTube.com for GS Break Free (Grihshobha Magazine) May 2014 – Present

- Address women's psychological and emotional concerns and problems
- Help women find solutions and empower themselves, through specially constructed videos

Expert in Developmental Psychology/ Education - Parenting Forums at Mom & Me Stores (Mahindra Retail), India July 2013 – Present

- Provide support and training to expectant parents
- Lecture at independent stores on topics related to child psychology

Licensed Marriage and Family Psychotherapist October 2011 – Present
Private Practice, Mumbai

- Individual therapy
- Marriage and Family Therapy
- Group Therapy
- Couples Counseling

Psychotherapist and Writer November 2011 - Present
www.HopeNetwork.in

- Provide online counseling on a national and international level.
- Author articles related to psychology and psychiatric disorders.

Visiting Faculty December 2011 – January 2012
**Lokmanya Tilak Municipal General Hospital and Lokmanya Tilak
Municipal Medical College, Mumbai**

- Teach and facilitate course on Psychotherapy and Counseling to students of psychiatry.
- Provide students with case examples and demonstrations of counseling techniques

Agency Assistant Director October 2010 – July 2011
Progress Foundation, San Francisco, CA

- Provide clinical and administrative support for the organization's 13 residential programs in San Francisco.
- Work with residential clients on an individual basis or within the milieu.
- Provide individual and group counseling for adolescents and young adults around life challenges and transitions.
- Review clinical charts and client records on an ongoing basis.
- Ensure compliance with agency policies and procedures, as well as with state, county, and federal licensing regulations.
- Provide clinical supervision for counselors.
- Assist in the hiring, training, and evaluation of counselors.
- Organize and facilitate clinical trainings for staff.

Adjunct Faculty September 2010 – August 2011
California Institute of Integral Studies, San Francisco

- Design class courses for graduate level instruction in psychology.
- Assess and review student assignments.

Editorial Board Member August, 2011 – Present
Journal of Humanistic Psychology

Editorial Board Member June 2013 – Present
International Journal of Psychological Studies

Associate Managing Editor March, 2010 - Present
International Journal of Transpersonal Studies

- Manage submissions, including initial reviews of submissions.
- Sending out submissions for peer reviews.
- Corresponding with reviewers regarding the completion of reviews.
- Preparing summary reviews to authors and checking author resubmissions for responsiveness to reviews.
- Provide assistance to the Managing Editor regarding publishing decisions.

Dissertation Writing Group December, 2010 – August 2011
California Institute of Integral Studies, San Francisco, CA

- Facilitate bi-monthly groups for individuals in their dissertation writing stage.
- Provide students with resources and support around the writing process.
- Provide individual sessions for students requiring extra support.

Teaching Assistant, Therapeutic Communication August – December, 2009
California Institute of Integral Studies, San Francisco, CA

- Assisted instructor in logistics of class preparation.

- Assessed and reviewed student weekly assignments.
- Facilitated select parts of the class every week.

Private Practice, MFT # 46885

February 2009 – August 2011

San Francisco, CA

- Practice Individual psychotherapy with individual, couples, and families.
- Practice individual therapy for children and adolescents.
- Maintain clinical records and client files.
- Psychiatric diagnosis and treatment planning.
- Crisis intervention.

Clinical Coordinator and Academic Liaison

August 2007 – January 2009

Pacific Institute, San Francisco, CA

- Recruitment and Selection of psychology pre- and post-doctoral students for Internship in Geropsychology and mental health in general.
- Coordinate and organize the International Exchange Program for interns from France, Argentina, Germany, and other European countries.
- Coordinate activities for geriatric clients.
- Design and implement clinical interventions for individuals suffering from mental illness including bipolar disorder, schizophrenia, and major depressive disorder.
- Coordinate and organize yearly conferences and academic workshops for psychologists and mental health professionals.
- Supervise clinical charting for Medicare billing.
- Submission of syllabus to the Board of Behavioral Sciences and to the Board of Psychology for Continuing Education Units.
- Design and implement clinical training for psychology interns and clinical staff on a yearly basis.
- Provide clinical training, as well as invite other professionals within the field of mental health to facilitate trainings and workshops.
- Oversee the psychology internship program, as well as academic coordination with graduate psychology schools in the Bay Area.
- Provided managerial and clinical support for the creation of a private residential program for psychiatrically acute clients.
- Individual, group, and family counseling and psychotherapy from multicultural backgrounds.
- Provided mental health services for the clients of the city and county of San Francisco.
- Supervise clinical reporting from staff and interns.
- Coordinate with other medical providers to adjust psychotropic medications.
- Case management for inpatient individuals (mentally ill and geriatric clients).
- Manage and supervise an average of 20 psychology interns at internship site.
- Assisted Executive Director in APA accreditation of the internship program.

Teaching Assistant, Family Law & Professional Ethics
California Institute of Integral Studies, San Francisco, CA

January – May, 2008

Executive Assistant

May 2006 – July 2007

Pacific Institute, San Francisco, CA

- Assisted Executive Director with all development and administrative tasks
- Helped developing and executing public programs and workshops.
- Oversaw the administrative aspects of the mental health internship program including administrative documentation for each intern.

MFT Internship

August 2007 – January 2008

Alvarado Elementary School, San Francisco, CA

- Provided expressive arts therapy for girls between the ages of 9 and 12 years.
- Conducted individual therapy around developmental issues and challenges.
- Interacted with children’s teachers and parents regarding progress in therapy.
- Charted and maintained clinical notes.

MFT Practicum and Internship

August 2004 – December 2006

Pacific Institute, San Francisco, CA

Internship site, Hayes Valley – Care a residential facility for geriatric populations.

- Provided individual counseling and group therapy for mental health and geropsychology clients in an inpatient and outpatient basis.
- Provided counseling for substance abuse clients from the city and county of San Francisco.
- Undertook case management services for individual clients.
- Collaborated with other professionals such as psychiatrists, physicians, conservators regarding client’s mental and physical health.
- Managed, coordinated and facilitated the Memory Improvement Training Program (MIT).
- Organized the Assisted Animal Therapy program for the residents in conjunction with the SFSPCA.

Relief Counselor

June 2004 – June 2006

Conard House, San Francisco, CA

- Provided support and assistance to adult and psychiatrically acute clients.
- Worked with clients concerning substance abuse and HIV issues.
- Maintained clinical records and client files.
- Performed administrative tasks.

OTHER WORK EXPERIENCE

Operations Assistant

January 2002 – September 2005

California Institute of Integral Studies, San Francisco, CA

- Managed operations of the mailroom.
- Assisted Director of Operations with the logistics and organization of mail collection.
- Coordinated mail operations for several campuses in San Francisco.

Public Programs Workshop Assistant

August 2002 – December 2004

California Institute of Integral Studies, San Francisco, CA

- Assisted Director of Public Programs in organizing continuing education workshops, lectures and events.
- Provided logistical assistance for the set up and break down of workshops.
- Provided support for workshop facilitators and participants.

PRESENTATIONS

- ***Reflections on the Existential-Humanistic Approach to Eldership***
Poster Presentation – The 2nd Annual Conference of the Society for Humanistic Psychology (APA)
Norwood, MA August 11-13, 2008

- ***Auditory Hallucinations in Schizophrenia: Collaborating with the Voices from Without***
 Individual Presentation - 1st Global Conference on Madness
 Oxford, England September 8-10, 2008
- ***Reflections on the Existential-Humanistic Approach to Eldership***
 Poster Presentation – The 2nd Annual Existential Humanistic Conference.
 San Francisco, CA November 13-15, 2008
- ***Hearing Voices: What does Transpersonal Psychology have to Say?***
 First World Congress on Hearing Voices 2009: Exploring the Tension
 Between Experience, Theory and Practice
 Maastricht, Netherlands September 17-18, 2009
- ***The Need for Diversity in Existential and Humanistic Psychology: First Steps at Integrating Diversity Perspectives***
 Panel Presentation - The 3rd Annual Society for Humanistic Psychology
 Conference (APA)
 Colorado Springs, Colorado October 8-11, 2009
- ***Psychotherapy with the Elderly: A Humanistic Perspective***
 Individual Presentation - The 3rd Annual Society for Humanistic
 Psychology Conference (APA)
 Colorado Springs, Colorado October 8-11, 2009
- ***The Gift of Life: Death as a Teacher***
 Individual presentation - 30th Annual Conference for the Anthropology of
 Consciousness.
 Berkeley, California March 17-21, 2010
- ***Listening to Voices: A Transpersonal Approach to Auditory Hallucinations***
 The 17th International Transpersonal Conference. Consciousness
 Revolution: Transpersonal Discoveries that are Changing the World
 Moscow, Russia June 23-27, 2010
- ***Toward a Culturally and Religiously Competent God Image Therapy***
 118th Annual Convention of the American Psychological Association
 San Diego, CA August 12-15, 2010
- ***Meaningful Voices: A Phenomenological Explorations of Auditory Hallucinations in Schizophrenia.***
 ISPS-US 11th Annual Meeting
 Stockbridge, MA November 5-7, 2010
- ***Into the Realms of Madness and Beyond: The Role of the Therapist in the Recovery Process of Schizophrenia.***
 Continuing Education Workshop - Annual Conference of the Society for
 Humanistic Psychology (APA)
 Chicago, Illinois April 15-17, 2011

- ***A Phenomenological Investigation of the God Image and Religious Diversity.***
119th Annual Convention of the American Psychological Association
Washington DC August 4-7, 2011
- ***Bridging the Gap Between Research and Clinical Practice: Phenomenological Studies of Psychosis***
119th Annual Convention of the American Psychological Association
Washington DC August 4-7, 2011
- ***Hearing Voices: What does Transpersonal Psychology have to Say?***
Second International Conference on Counseling, Psychotherapy and
Wellness and the Third Congress of Integrating Traditional Healing into
Counseling, Psychotherapy and Psychiatry
Bangalore, India January 4-6, 2012
- ***Existential-Humanistic Psychology: Bridging Eastern Philosophy with Western Psychology (Invited Speaker)***
Second International Conference on Existential Psychology
Shanghai, China May 24-27, 2012
- ***Into the realms of madness and beyond: The role of the Therapist in the Recovery Process of Schizophrenia***
Fifth International Conference on Schizophrenia – ICONS of SCARF
Chennai, India September 21-23, 2012
- ***From Passion to Partnership: Understanding and Developing Relationships in the 21st Century”***
The 2nd International Conference of the Bombay Psychological Association
Mumbai (Invited Workshop) November 30, 2013

PROFESSIONAL CONSULTATIONS / WORKSHOPS

- **Association of Women in Psychology** May 2009 – June 2010
- Served on the review panel for manuscript submissions.
- Nominated submissions for the Annual Women of Color Psychologies Award to be announced at the American Psychological Association conventions.
- **UC Berkeley Extension** February 2011
- Facilitated daylong workshop on Mental Health and Aging.
- **Continuing Education Committee (USA)** January 2011- Present
Society for Humanistic Psychology, Division 32 of the American Psychological Association.
- Served on the committee to evaluate presentation and workshop applications.
- **Clinic Without Walls (San Francisco)** January 2011 – May 2011

- Provided training on humanistic approaches to working with the elderly to clinical psychology interns.

- **The Society for Humanistic Psychology (APA Division 32) Hospitality Suite** (Chicago) August 2011
- Co-facilitated a workshop titled *Finding Voice: Writing for Professional Publication & General Readership*.

- **ISPS-US Twelfth Annual Meeting Organizing and Planning Committee**, San Francisco June – October, 2011
Beyond Pandora's Box: Exploring Integrative Approaches to Treating Psychosis
- Served on the committee to provide counsel on conference venue, marketing, and program.
- Was primarily in charge of recruiting and organizing volunteers for workshops and presentations.
- Worked with other committee members on the marketing and advertising aspects of the conference.

- **3 day Workshop on Existential-Humanistic Psychology**
Wuhan, China (Invited workshop) May 29 – 31st, 2012
- Taught fundamental principles of Existential-Humanistic Psychology to 40 clinicians and counselors.
- Conducted exercises and demonstrations.

- **Workshop on Pre-Marital Counseling** February, 2012 - Present
Sinara Education, Mumbai

- **Talk for the American Women's Club, Mumbai** January, 2012
- Spoke to around 25-30 women on the process of acculturation in Mumbai.
- Discussed how culture and psychology are connected, as well as ways to manage stress in the acculturation process.

- **Lecture at Sophia College, Mumbai** January, 2012
- Spoke to final year students on the theories and practice of Family Counseling.

- **Panelist for seminar "She Can and She Will: Redefining Boundaries"**
Sophia College for Women, Mumbai January 24, 2013

PROFESSIONAL TRAININGS

- *Sandplay Therapy* – Pacific Institute, San Francisco, August, 2004 – July, 2005

- *Expressive Arts Therapy* – Pacific Institute, August, 2005 – July, 2006
San Francisco.
- *UC Berkeley Instructor Training*, Berkeley. August, 2010
- *Certification in the Level 1 Course on
Radiance Technique/Reiki*, San Francisco. July, 2011
- *Teacher's Certificate in Yoga Training*, Mumbai. October, 2000

PUBLICATIONS

- *Suri, R. (2008). **21st century western psychology meets India.** Your Spiritual Revolution, Vol. 2, Issue 11, 16-21. Spiritual Science and Research Foundation (online).*
- *Suri, R. (2009). **Working from the center that holds.** *The Therapist*, Vol. 21, Issue 2, 44-45.*
- *Suri, R. (2009). **Spiritual counseling: What does it mean within a psychotherapeutic framework?** *The San Francisco Psychologist*, Fall 2009.*
- *Suri, R. (2009). **Auditory Hallucinations in Schizophrenia: Collaborating with the Voices from Without.** In K. White (Ed.), *Configuring madness*. Oxford: Priory House, 121-136.*
- *Suri, R., Spalding, M., & Khalsa, P. (2010). **Open to not Knowing.** *Journal of Humanistic Psychology* Vol. 50, Issue 2, 138-141.*
- *Suri, R. (2010). **Working With the Elderly: An Existential— Humanistic Approach.** *Journal of Humanistic Psychology* Vol. 50, Issue 2, 175-186.*
- *Suri, R. (2010). **Hearing Voices: What Can We Learn from Them?** *Psychosis* Vol. 2, Issue 2, 178-180.*
- *Suri, R. & Pitchford, D. (2010). **The Gift of Life: Death as Teacher in the Aghori Sect.** *International Journal of Transpersonal Studies* Vol. 29, Issue 1, 128-134.*
- *Suri, R. (2011). **Making Sense of Voices: An Exploration of Meaningfulness in Auditory Hallucinations Schizophrenia.** *Journal of Humanistic Psychology* Vol. 51, Issue 2, 152-171.*
- *Suri, R. (2012). **A Narcissist or Simply Overconfident?** *Hopenetwork.in* (online article).*
- *Suri, R. (2012). **Sandplay: An Adjunctive Therapy to Working with Dementia.** *International Journal of Play Therapy* Vol. 21, Issue 3, 117-130.*
- *Suri, R. (2012). **Promoting Resilience in the Traumatized.** In C. Figley (Ed.), *Encyclopedia of Trauma: An Interdisciplinary Guide*. Thousand Oaks: Sage Publications, 467-471.*

- Suri, R. (2012). **Trauma, Causes of.** In C. Figley (Ed.), *Encyclopedia of Trauma: An Interdisciplinary Guide*. Thousand Oaks: Sage Publications, 674-676.

AFFILIATIONS

Board of Behavioral Sciences- MFC # 46885
California Association of Marriage and Family Therapists
International Society for the Psychological Treatments of the Schizophrenias
and other Psychoses

COMPUTER SKILLS

Microsoft Word, Excel, and PowerPoint

LANGUAGES

English, Hindi, and French (basic)